

# COOKING CLASSES - ADULTS

with Exquisite Cuisine Catering  
Liz Huffstutler, Head Chef and Owner

512-248-9178 / [liz@exquisite-cuisine.com](mailto:liz@exquisite-cuisine.com).

Class Dates: Wednesdays – July 29, Aug. 5, 12, 19<sup>th</sup> (4 classes)  
Class Time: 6:30 – 8:00P  
Cost of Classes: \$100 total (includes food cost)  
Maximum number of students: 10

Classes: All recipes taught in classes will be provided to students. Students should bring a pen and paper to take notes.

## Healthy Cooking for Your Family – July 29

Cook chicken breast and salmon better than most restaurants! Learn about meat selection, brining, seasoning and preparation. Instructor will demonstrate proper knife techniques, critical timing techniques and the best flavor combinations. Come to class hungry as there will be plenty to sample!

## Appetizers for a Party – August 5

Serve fun and tasty appetizers at your next party! Learn how to create a menu, size the portions and amounts, and prepare wonderful appetizers. Instructor will also demonstrate fun garnishing and exciting presentation. Come to class hungry as there will be plenty to sample!

## Dinner Party Preparation – August 12

Create a gourmet meal for your friends and family! Learn how to cook the perfect beef tenderloin and pan sauce, tasty accompaniments and excellent crème brûlée. Instructor will demonstrate how to time your meal so you can enjoy your guests and not spend all your time in the kitchen. Come to class hungry as there will be plenty to sample!

## Student's Choice Class – August 19

Instructor and students will work together to determine what students are most interested in learning to cook! Specific techniques related to the menu will be demonstrated and plenty of samples will be available.

**\*Optional Central Market Tour.** If class is interested, the instructor will conduct a tour of Central Market. Tour will include instruction on produce, meat, cheese, bread and spice identification and selection. Students will provide their own transportation to Central Market on North Lamar and tour may include lunch/dinner at the Central Market Café at the students' expense. Tour costs an additional \$20.

**\*\*SIGN UP EARLY!!! Please call Liz at 248-9178 or e-mail her at [liz@exquisite-cuisine.com](mailto:liz@exquisite-cuisine.com) to register. Limited to 10 people. Food cost is included in class fee\*\***